

## **Erica Bowe**

## **Program Facilitator, Community**

Erica is passionate about people, building community and empowering individuals to achieve greater wellness. For the last 5 years Erica has been working as an art tutor with disadvantaged groups, using creativity as a medium to increase connection and promote self-expression. Having studied four years of health and nutrition, Erica draws from a wide range of tools and insights to empower individuals and assist them in moving towards realistic, long-lasting lifestyle changes. Her intuitive, caring yet assertive manner helps people feel understood, seen and motivated. Erica has always been fascinated by human psychology and is dedicated to continuous self-development and personal growth.

Being part of Juno's Community Team, Erica plays the important role of often being the first point of contact for many of our long term unemployed and disadvantaged community members. This really brings her expertise, skills and passion for human psychology and self-improvement into the forefront to make a difference in people's lives and help them find the wisdom to move forward into a better future.

When Erica is not leading programs you can find her passionately working with the rest of the community team often mentoring and coaching our job seekers into making positive and more sustainable choices or brainstorming ways to positively connect with our clients and design deep human connected content. She does this with a joy and excitement rarely seen in the development space.